

BALDWIN UNION FREE SCHOOL DISTRICT
AND BALDWIN COUNCIL OF PTAS PRESENT

FOR PARENTS OF
STUDENTS, K-12

PARENT ACADEMY WORKSHOP

“SOCIAL MEDIA AND TEENS: WHAT
PARENTS SHOULD KNOW AND GUIDANCE
ON DEVICE-FREE FAMILY TIME”

TUESDAY, MARCH 29, 2022

7 PM ONLINE VIA ZOOM

FEATURING

JENNIFER ROJAS

*Impact Manager, Cook Center for Human Connection:
Mental Health Support*

Families need to know about the negative impact of social media on teens. Some of the effects include sleep disruption, bullying, peer pressure, as well as unrealistic views of other people's lives. Learn more about the steps you can take to encourage responsible use of social media and limit these negative effects. In addition, we will discuss family-oriented options for device-free time. *All Baldwin UFSD parents are encouraged to attend.*

TOPICS

- Solutions to Effectively Manage Technology Use
- Educate about the Truths of Our Devices
- Device Awareness
- Avoid Being Blindsided
- Expected Challenges

SUBMIT YOUR QUESTIONS IN ADVANCE

Email paworkshop@baldwinschools.org



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